



Issue 01 – 02 February 2023

PRINCIPAL

Dear Parents/Caregivers/Whānau

Kia ora! It has been such a joy to join Wakefield School and begin to make connections with many of our students and families. Thank you everyone for the warm welcome and to those of you who have taken the time to introduce yourselves to me.

Here is a little bit about me and my background.

E tipu ana ahau i te taha o Rangitoto-ki-te-Tonga. Ko Te Aumiti te wai i whāngai tōku wairua. Ko Anaru tōku turanganwaewae, e noho ana ahau i Whakatū inianei. He tangata tauiwi ahau. Nō Ingarangi, Amerika me Nōwei ōku tipuna. Ko Kim Hogarth tōku tane. Ko Georgia rātou ko Charlotte, Ko Amelia āku tamāhine. Ko Freya Hogarth ahau.

I grew up in French Pass and still have a very strong connection to the area. My mum and Dad (Jude and Roger Sonneland) still live out there and my family regularly visit them there. I am married to Kim Hogarth (an ex Wakefield School student himself) and we have three wonderful girls; Georgia (8 years), Charlotte (6 years) and Amelia (4 years), and a gorgeous puppy, Freddy, who is 6 months old. We also have two older cats.



Kim and I are both ex athletes. I played Canoe Polo for NZ for many years and Kim has represented NZ in various running disciplines. From 2019 until the end of 2022, I coached the NZ women's Canoe Polo Team (Paddle

Ferns). Last year I travelled with the Paddle Ferns to Alabama where thev competed at the World Games the bronze and won medal. We also travelled to France and competed at the World Championships where we finished 4th. Our family loves the outdoors and being active. We all enjoy mountain

biking, running, tramping, kayaking, paddle boarding and camping.

I also love food (both cooking and eating it!), travel, reading, photography and learning languages. Besides English, I currently speak Te Reo, Spanish and a very small amount of French. My teaching experience included teaching in Christchurch, Auckland and Nelson and I have taught every year level from new entrants to year 9. For the last seven years I have been the principal of Hope School.

As your principal, I hope you will see that I value community connection and clear communication. Please know that I want to get to know you and I genuinely care about and want the very best outcomes for all our Wakefield School children. If you have not yet, please come and introduce yourself to me.

Freya Hogarth

Principal

WELCOME EMILY CAHILL

This year Emily Cahill has joined the Wakefield School staff. Emily comes from Henley School and is teaching in Toroa. It is a great pleasure to welcome you to our team Emily.

HEALTHY FOOD CHOICES

At Wakefield School we recognise that healthy food choices help your child to concentrate and learn. We have regular food breaks and it has been fantastic to see so many children coming to school with healthy lunches. Please remember to follow these healthy food guidelines, reprinted below from our website: https://www.wakefield.school.nz/about-us/a-to-z/#1530062940849-7069d5e1-fff5

We encourage you to fill your child's lunchbox with foods that help them learn, grow and stay healthy. If you involve your children in making their own lunches they are more likely to eat them.

Our Play, Eat, Learn timetable means your child has more frequent and shorter eating times during the day, so packing smaller portions and a few more healthy snacks may be helpful.

Wakefield School promotes healthy food choices. Foods classified as "occasional treats" are not recommended in the school setting, including: chips, pastries, large cookies, large muffins and cakes. The following items must not be included at any time:

- sweets
- chocolate
- fruit strings
- fruit loops
- fizzy drinks
- fruit juice
- flavoured milk

Fruit leather and rollups are also discouraged as these are a major source of tooth decay in children.

We allow only water to drink. Please note the Fonterra Milk in Schools programme is no longer operating. Make sure your child has a named drink bottle.

For up-to-date advice on recommended food choices and tips for preparing healthy and attractive lunches please visit the 5+A Day website or call into the school office and pick up a brochure.

https://www.5aday.co.nz

We encourage families to reduce waste by using lunch boxes with compartments and avoiding pre-packaged food. Use paper wrapping instead of plastic. All lunch wrappers are retained in lunchboxes and taken home.

OUR WAY

As part of getting back into the swing of school we encourage you to remind your child about our STAND Values. These are the backbone of everything we do at Wakefield School.

Manaakitanga	The idea of caring about others, uplifting them, supporting them, making them feel at home. Treating others with respect.
Rangatiratanga	The idea of self-determination, self-management, ownership, and leadership.
Whāia Te Iti Kahurangi	Seek the treasure that you value most dearly, if you bow your head, let it be to a lofty mountain <i>(Whakatauki)</i>
Kia Kaha Tonu	The idea of continuing to be strong, to get stuck in, to keep going when things are challenging.
Tikanga	The idea of behaving in a way that is culturally proper and appropriate, according to our values in our place.

You may also want to talk to your child about Our Way, some basic expectations that keep things flowing smoothly and on an even keel.

Our Way

Is it Safe? Is it Fair? Is it Kind?

And remember:

- Stay in the school grounds.
- Walk inside buildings and along decks.
- Play outside at break times unless the rain bell goes.
- Leave toys at home.
- Keep off the grass when the red flags are out.
- High kicking of balls on the field only.
- Look after our gardens.
- Wear a wide brimmed hat in terms 1/4 and shoes in terms 2/3.
- No lollies and only water for drinks.
- Sit down to eat at morning tea and lunch.
- Play tackle rugby with a mouthguard and teacher supervision.
- Scooters and bikes cannot be used between the hours of 8.00am and 3.15pm (excluding pump track).

Thank you for keeping our school a happy place!



NEW STUDENTS

Welcome to new students and families, we hope you are settling in and will enjoy your time at Wakefield School.

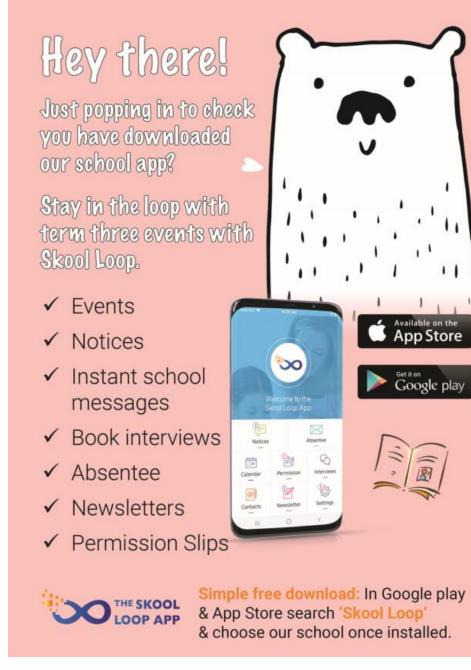
Darion Raw Harvey Shone Enzo O'Brien Harrison Gill Carter Dayman Jamie Scott Sadie Cavanagh

Welcome

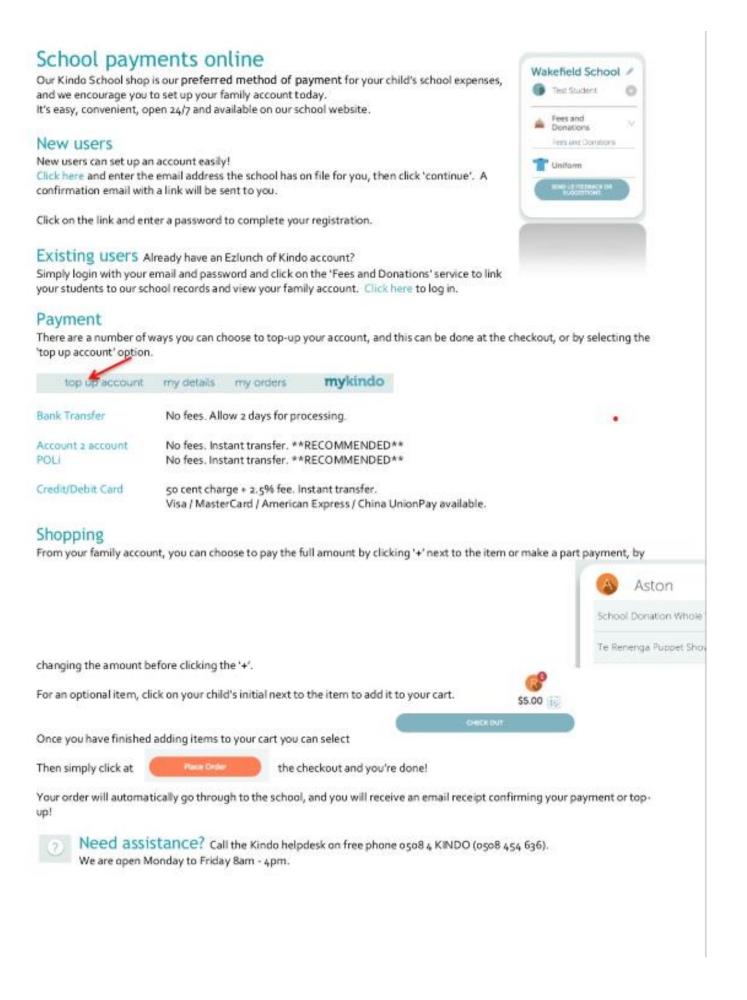
FROM OFFICE

School Apps

Don't forget to set up the Skool Loop App to keep in touch with school events and notices. You can also set up a Kindo account to keep track of your child's school account. See more information below.



Kindo – School Payments Online



IMPORTANT DATES

09 th February	Welcome Powhiri - 9-11am
13 th & 14 th February	Learning Conferences
24 th February	Wakefield School Triathlon
03 rd March	School Photos
09 th March	Wakefield School Swimming Sports
14 th March	Celebrate Science Morning
16 th March	Cluster Swimming Sports
20 th March to 29 th March	Karearea Paretai Camp
06 th April	Last Day of Term 1
24 th April	Term 2 Begins